

# WEST ANGLIAN ORIENTEERING CLUB



## AUTUMN IN ANGLIA DAY 2

### EAUL, WAGAL AND URBAN REGIONAL (LEVEL C)

ELY, SUNDAY 5<sup>TH</sup> OCTOBER 2025

#### FINAL DETAILS

We welcome you to day two of our two-day event Autumn in Anglia 2025 - held jointly with our friends at SUFFOC. For those of you in the EAOA region, this event also forms part of the EA Urban League and for WAOC members this is part of the club league competition WAGAL.

Please note Junior starts will take place between 10.30 and 11.30 so please bear this in mind for your travel plans. Juniors will need to be escorted to the start and then escorted from the finish to download. The start and finish are visible from each other.

#### Location Info:

Parking at : Barton Road car park, Ely CB7 4HZ

Free long stay on a Sunday

What3words: /// shadows.saloons.stung

If the car park is full, there is on street parking or else we suggest that you use the long stay Pay and Display car park (£4) at Angel Drove CB7 4EA .

A map of car parks is at <https://eastcambs.gov.uk/parking-open-spaces-and-toilets/car-parks/car-parks-district>

Assembly at: Sports Hall, King's School Ely, off Barton Road, Ely CB8 4BD

What3words: /// grazes.gold.sundial

#### Directions to Parking:

- If travelling Northbound on A10 towards Ely from Cambridge, go straight ahead (second exit) at roundabout where A10 and A142 meet, following signs to historic centre and travelling along Cambridge Road. After about 2.5 miles, turn right into Barton Road (signed Cathedral car park), then after 0.3 miles turn left into Militia Way (signed Long Stay car park).
- From the East, travel along A14, and leave at junction 37 to follow A142 to Ely. Go right (third exit) at roundabout where A10 and A142 meet, following signs to historic centre and travelling along Cambridge Road. After about 2.5 miles, turn right into Barton Road (signed Cathedral car park), then after 0.3 miles turn left into Militia Way (signed Long Stay car park).
- Travelling South, follow A10 to Ely and go left (first exit) at roundabout where A10 and A142 meet, following signs to historic centre and travelling along Cambridge Road. After about 2.5 miles, turn right into Barton Road (signed Cathedral car park), then after 0.3 miles turn left into Militia Way (signed Long Stay car park).

The route to the start and Assembly will be signed from the car park- they follow a common route for much of the way splitting near the end. You may go straight to the start if you are pre-entered and have your own SI card. Assembly at the Sports Hall is a 5 min walk from Barton Road car park and will be signed from the car park.



**By bus:** Sunday service may operate.

**By train or train and bike:** Travel to Ely Station, which is a 15 minute walk from the start/assembly. There are several services each hour from Cambridge and the journey time is 13-16 minutes. Direct rail services from London Kings Cross to Ely take about 1 hour 15 mins.

**Facilities:** Assembly and toilets at Sports Hall, King's School Ely. Assembly will be open from 10am and will include dibber hire and collection, and download. There will not be race bibs. Anybody who has hired a dibber through fabian4 will need to collect their dibber on the day, before going to the start. There will not be a clothing dump, nor any water at the finish. There are lots of local cafes, particularly near the cathedral and down by the river.

Courses close at 2.30pm. Please report to Download even if you do not finish your course.

#### **Entries:**

On-line advance entry using Fabian4 is open now, and will remain open until 1st October 2025. In addition, entry on the day will be available for all courses, subject to availability of maps. We are offering a discount for entering both Autumn in Anglia events in advance: the discount is £2 off adult entry and £1 per junior/student entered. If you require an extra map, this costs £1.

Helper discounts are available for EAOA club members, set at 50% of the entry fee. Please contact [entries@waoc.org.uk](mailto:entries@waoc.org.uk) for the helper discount code before entering. You can help on either or both days- in particular we are aiming to have mixed teams of helpers from SUFFOC and WAOC across the two days.


For those of you wanting to use up your free run vouchers from the British Sprints, please email [entries@waoc.org.uk](mailto:entries@waoc.org.uk) giving your name, age class, club, course and dibber number to reserve your map and then 'pay' with your voucher on the day.

#### **Fees:**

Pre-entry until 1st October 2025: Seniors (BOF members) £10 (non-BOF) £12  
Juniors/Students in FTE (U21) £3

Entry on the day: Seniors (BOF members) £12 (non-BOF) £14  
Juniors/Students in FTE (U21) £4

S.I. card hire £1 Siac card hire £3

We will be using  electronic punching. S.I. cards/dibbers can be hired as part of the fabian4 entry.

**Starts from:** 10.30am until 12.30 **except Juniors on courses 6 and 7 who must start between 10.30 and 11.30.** All start times are open and it is a punching start. Anyone needing special assistance, for example at the Start, should contact the organiser.

**Courses close at 2.30pm.**

#### **Courses:**

"Distance" represents the straight line distance "as the crow flies". The optimal distance is generally longer due to the need to navigate round buildings and other impassable features. To be competitive in the EAUL, you must run the designated course for your age class.

| Course | Distance (km) | Optimal distance-<br>so total length<br>(km) | Climb<br>(m) | Controls | EAUL Male<br>classes     | EAUL Female classes                        |
|--------|---------------|--|--------------|----------|--------------------------|--|
| 1      | 6.4           | 8.2  | 45           | 24       | M Open                   | -  |
| 2      | 5.3           | 7.2  | 40           | 21       | Mens Veteran<br>MV (40+) | Womens Open                                |
| 3      | 5.0           | 6.3  | 40           | 23       | M Supervet MSV<br>(55+)  | Womens Veteran WV<br>(40+)                 |
| 4      | 4.1           | 5.5  | 30           | 20       | M Ultravet MUV<br>(65+)  | W Supervet WSV (55+)                       |
| 5      | 3.8           | 5.0  | 30           | 20       | M Hypervet<br>(M75+)     | W Ultravet WUV (65+);<br>W Hypervet (W75+) |
| 6      | 2.9           | 3.5  | 30           | 18       | M Junior MJ 16-          | W Junior WJ 16-                            |
| 7      | 1.7           | 2.0  | 20           | 18       | M Junior MJ 12-          | W Junior WJ 12-                            |

**Map and Terrain:** Maps printed on waterproof paper. All control descriptions will be on the map and loose control descriptions will be provided in the start grid. Control descriptions for course 7 are text; for the remainder of courses the descriptions are pictorial. Courses 6 and 7 are at scale 1:4000 on an A4 map. Courses 1 to 5 are at scale 1:5000 on A3 map.

Ely has a historic city centre, residential areas and open spaces. Most of the running will be on hard surfaces but some courses cross areas of grass. Some surfaces will be slippery if wet so suitable footwear should be worn. Dobbed or spiked shoes are not suitable. There are some steps and uneven areas.

#### **Start and Finish:**

There is one start and one finish for all courses.

Start is approximately a 5 minute walk from the car park. Assembly is approximately a 5 minute walk from the car park, with then a 5 minute walk from Assembly to start. Finish is approximately a 5 minute walk from Assembly/Download.

There will be a taped route to the start/ Assembly. Parents, please ensure your children are escorted to the start and from finish to Assembly so as to download.

#### **Safety:**

As always for an urban competition, all competitors should be aware of traffic hazards and use pavements and footpaths except when crossing roads. It is your responsibility to cross roads safely. There will be a market in Ely Market Place so parts of the town centre will be busy with shoppers- please ensure you show consideration to pedestrians, cyclists so that we can ensure future use of this area. All courses may run along the edge of the River Great Ouse but no controls are hung near the river edge.

**Junior courses 6 and 7:** These courses have mandatory timed-out marshalled crossings at two points representing the optimum route- juniors must use these crossings. Their courses briefly follow a footpath along the river- railings are in place for most of this distance but one small part does not have a rail. The pavement is wide and a marshal will be present but please ensure your children know to stay away from the river's edge and to run along the pavement on the side furthest from the river. Juniors may be shadowed.

**Courses 1 to 5:** These courses have one mandatory timed-out marshalled crossing at a point representing the optimum route- adults must use this crossing.

**Under 16s:** It is a requirement of British Orienteering's Insurance Policy that anyone under the age of 16 on the day of the competition may only compete in areas with limited and/or speed limited traffic. With this in mind it is important to note that anyone under the age of 16 may only take part in the MW16- / MW 12- courses.

**ALL COMPETITORS TAKE PART IN THIS EVENT AT THEIR OWN RISK** and are responsible for their own safety.

First aid is available at Assembly.

The nearest hospital is Princess Of Wales Hospital, Lynn Road, Ely, Cambridgeshire, CB6 1DN. Tel: 01480 398500.

**Dogs:** This event is not suitable for dogs. Dogs are not allowed on urban courses.

No water or drinks will be provided- please bring your own drinks.

**Results:** The results from this event will be published online as soon as possible, see [www.waoc.org.uk](http://www.waoc.org.uk).

PLANNER: Phil Halford (SUFFOC)  
CONTROLLER: Mike Bickle (WAOC)  
ORGANISER: Helen Hague (WAOC)  
Tel: 07424799173

For email enquiries, contact: entries at [waoc.org.uk](http://waoc.org.uk)

Grateful thanks go to Ely Town Council and Kings School Ely for the use of their facilities and all at WAOC and SUFFOC who have helped in putting on this event.

|              |      |                       |  |
|--------------|------|-----------------------|--|
| NEXT events: | SOS  | Sunday 12th October   | Highwoods Country Park                 |
|              | NOR  | Sunday 19th October   | Sheringham Park                        |
|              | WAOC | Saturday 25th October | Hertford- Hertfordshire Urban Weekend  |
|              | HH   | Sunday 26th October   | St Albans- Hertfordshire Urban Weekend |

**Safety and Risk:** A risk assessment will have been carried out by the event officials, but participants take part at their own risk and are responsible for their own safety during the event.

**Insurance:** Please note that if you have participated in three orienteering events/activities and not joined an orienteering club that is a member of British Orienteering then you are not covered by our public liability insurance.

**Privacy:** You agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not limited to) name, any club affiliation, race times and age group. [Read our data protection page](#) for further information about how we look after your personal information.