Salcey Forest 5 March 2022 Final Details

Directions: Postcode for SatNav: NN7 2HX



Please be aware of M1 roadworks: J14 – J15 Southbound is closed all of the weekend of the event.

Car park Grid Ref: SP 793 513 what3words ///marathons.ignoring.followers

Salcey Forest is about 7 miles SE of Northampton. Parking and forest entrance are on Wooton Road, Northamptonshire.

By Public Transport: The nearest bus stop is in Hartwell, which is approximately a 20-minute walk from Salcey Forest.

By Road: Leave the M1 at junction 15 and take the A45 towards Northampton. Take the slip road marked Wootton and take the 1st exit on the roundabout to cross over the A45. Go straight across the next roundabout, following signs for Quinton. At the next roundabout take the 3rd turning onto Wootton Road. Follow this road through Quinton Village and continue to Salcey. Ignore signs to visitor car park after 800 metres on the left (after the kennels) and continue to the signed event parking on the right 200 m further on.

Event Parking for participants vehicles, including camper vans, is in the "overflow" car park on the opposite side of Wooton Road from the forest. Please do not park in any of the forest-side car parks unless instructed to do so by an event marshal. There is a Parkrun at Salcey on Saturday mornings so please aim to arrive after 10am.

The normal FE car parking charges apply (see Salcey Forest website). All-day parking fee is currently £6 (up to 2 hours is £4). Payment can be made with coins, or credit/debit card, or via the RingGo App. Please display ticket in vehicle. There is one payment machine in the event car park and two more close to registration.

Space is restricted so please car share wherever possible.



Start, Finish, and all facilities are on the forest side of the road. No courses involve road crossings.

The road crossing (Wooton Road) between the car park and the forest will be marshalled from approx. 10:30 am until approx. 2pm. You are responsible for your own safety when crossing this road. Please use signed paths – do not walk along the road!

Registration and Download will be adjacent to the café, toilets and visitor centre. First Aid post and CompassPoint mobile shop will also be set up at this location.



Finish: Finish is located about 250m walk from Download. Please remember to go to Download as soon as you have finished. No water will be provided at the finish. Courses close at 3pm.

Registration will be open from 10:30 for Hire SIAC and dibber collection, enquiries, entry on the Day for White, Yellow & Orange courses, and sale of Gruffalo course maps.

Facilities

Indoor toilets and cafe are available near registration and download.

The Grounds cafe provides snacks (e.g. sandwiches/toasties) and hot & cold drinks.

Salcey Forest is home to a Gruffalo trail. Trail maps can be obtained from registration, cost £1.50.

CompassPoint mobile shop will be in attendance selling orienteering related gear.

Starts

Start times for pre-entries on Short Green to Brown have been allocated in line with preferences, and are displayed on the Fabian4 site. The Start (and Finish) must be punched even if using a SIAC dibber. Late arrivals at the start will be fitted in as soon as possible. On some courses there are few free slots, especially for middle/late start period.

No start times have been allocated for White, Yellow, Orange or Light Green courses. Runners on these courses may enter the start grid whenever there is a space in their lane.

Loose control descriptions will be provided in the start lanes. One SIAC battery check unit will be provided at the start, and another at registration. A Start official will carry out an SI dibber check – this is important to ensure SIAC cards are switched on.

Start grid

Αt

- -4: Call up & enter start grid, in the lane for your course
- -3: Loose control descriptions
- -2: Blank map to view
- -1: Start announcements

The start is close to one of the main access routes to the forest for other forest users. Please look out for them, and if necessary give way.

Course details

Course	UKOL Classes	Length (km)	Controls	
Brown	M21, M35, M40	8.5	23	
Short Brown	W21, M18, M20, M45, M50	8.0	17	
Blue	W35, W40, M16, M55, M60	7.9	19	
Short Blue	W18, W20, W45, W50, M65 5.3		16	
Green	W16, W55, W60, M70	5.1	17	
Short Green	W65 and higher, M75 and higher	3.4	12	
Light Green	Not applicable	3.6	12	
Orange	Not applicable	3.3	12	
Yellow	Not applicable	2.4	12	
White	Not applicable	1.8	10	

Courses close at 3 pm - you must report to Download by this time.

IMPORTANT: Please report to the Download tent even if you do not finish your course.

We will be using Sport described electronic punching. Beacon mode will be enabled for all numbered controls. Start and Finish controls will require contact punching by all competitors.

Entry on the day

White, Yellow and Orange courses are available to enter on the day. There will no entry on the day for the remaining courses. Payment can be made by cash or (signal permitting) by credit/debit card.

Entry class	Entry fee		
Seniors on White Yellow or Orange courses	£ 6		
Junior (under 21) and full-time students	£ 4		

S.I. cards (dibbers) can be hired from registration for £1.

(Lost SI-cards will be charged a replacement fee of £30).

Map and Terrain

There is an area of recent felling, marked as OOB on course maps. Adjacent tracks can be used but will be rough. Please keep away from log piles and any forestry machinery. Full leg cover is mandatory.

Paths vary greatly in runnability. Some major paths are now hard surfaced, whilst some others tend to become very muddy depending on recent weather. In the northern part of the map, some paths are obviously very overgrown and are unlikely to be optimum routes.

We are not aware of any significant damage to trees from recent storms: paths are not affected but there may be recently fallen trees or debris within forest blocks.

The courses have been planned to avoid the worst undergrowth and poor runnability of some of the forest blocks. Indicated course lengths for longer courses are the straight-line route.

Map is 1:10000, 5m contours and A4 size, revised during 2021/2022 for this event. Course maps and loose control descriptions will be printed on waterproof paper. Control descriptions will be printed on the front of the map.

Safety:

- Please do not go into any area marked as Out of Bounds, indicated on the map by either solid olive colour, or vertical purple stripes or cross hatching.
- DO NOT climb on or even approach log piles, or forestry machinery.
- There may be cyclists, pedestrians and horse riders in the forest. Please be aware and do not obstruct.
- Competitors take part in this event at their own risk and are responsible for their own safety. Full leg cover is compulsory and you are advised to carry a whistle.
- In extreme weather conditions, cagoules may be declared obligatory and signs will be on display at assembly if this is so.
- Dogs are welcome but must be kept under close control at all times in accordance with FE policy, and must be on leads in the car park area and when crossing roads.
- Courses close at 3pm. You must report to download even if you do not complete your course.

Please clean shoes before the event to avoid spread of plant-based diseases.

Results: Live results will be uploaded during the event to: http://results.waoc.org.uk/
Final results will appear on the WAOC website, www.waoc.org.uk/results, and will be uploaded to the British Orienteering website and to the UKOL database.

First aid: First aid cover will be provided by White Star Medical, who will be based near enquiries and download.

Travel directions to the nearest hospital with A&E facilities (Northampton General) will be available at registration/download.

Nearest Hospitals

Northampton	01604 545610	NN1 5BD	Cliftonville, Northampton	15-20	7.5
General	01604 546601			mins	miles
University	01908 243600	MK6 5LD	Standing Way V8/H8	25 - 30	16
Hospital MK			junction	mins	miles
Bedford	01234 355122	MK45 9DJ	1 Kempston Road	30 - 35	22
Hospital			-	mins	miles
Addenbrookes	01223 217118	CB2 OQQ		1 hr 20	~60
Cambridge				min	miles

Officials

Organiser – Peter Woods (WAOC) salcey2022@waoc.org.uk 07970 785170.

Planner – Bob Hill (WAOC/RAFO)

Controller – Mike Edwards (RAFO)

Mapping - Dorien James (SMOC)

Any queries should be directed to the organiser using the email address salcey2022@waoc.org.uk. If you are new to orienteering or require assistance, then please enquire at registration.

Acknowledgements

We would like to thank Forestry England for giving permission to use the area and help in planning. The organiser wishes to thank all helpers from WAOC without whom the event could not run.

COVID19 Please ensure you comply with all Covid restrictions active at the time of the event. In particular do not attend if you suspect or know you may have Covid, or are required to be self-isolating.

Safety and Risk: A comprehensive risk assessment has been carried out by the organiser, but participants take part at their own risk and are responsible for their own safety during the event.

Privacy: You agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not limited to) name, any club affiliation, race times and age group. Read our data protection page for further information about how we look after your personal information.