



## WEST ANGLIAN ORIENTEERING CLUB

### Park-O and COLOUR CODED

PRIORY PARK, ST NEOTS, SATURDAY 12<sup>TH</sup> NOVEMBER 2022

### PRELIMINARY DETAILS

Please ensure you comply with all Covid restrictions active at the time of the event. In particular do not attend if you suspect or know you may have Covid, or are required to be self-isolating.

#### Assembly and facilities:

Assembly is in the Longsands Academy Sports hall, adjacent the car park. This will include registration, dibber hire and collection, download. Anybody who has hired a dibber through fabian 4 will need to collect their dibber on the day. Toilets and showers are available.

#### Event information:

This is a combined colour coded event with Park-O.

White, Yellow and Orange courses correspond to Park-O Short, Medium and Long. These courses will start from 12.30 until 3pm, with courses close at 3:30pm- you must finish and report to Download by this time. If you wish to do the Park-O Long course, you need to start by 2:30pm, unless you have sufficient experience that you will be able to finish before 3:30pm.

Light Green, Short Green, Green and Blue will be available for starts from 12.30 until 2.30pm, with courses close at 3.30pm.

Courses White, Yellow, Orange, Light Green, Short Green are kept within the park and are suitable for all. Green and Blue include urban controls and are only suitable for those over 16.

**IMPORTANT: Please report to the Download tent even if you do not finish your course.**

#### Registration:

Registration will open at 12 noon. If you are new to orienteering or require assistance, then please enquire at registration.

Pre-registration for Park-O courses Long, Medium, Short and Colour-coded courses White, Yellow and Orange (these are the same as the Park-O courses) is at [oentry.uk](https://www.oentry.uk) with payment taken at the event. You will be allocated a hire dibber, if you do not have one, which you can pick up at registration. No payment is required until you turn up for the event. (Entry fee for these courses includes dibber hire where required). Last entries are 10<sup>th</sup> November 2022.

Pre-entry for Colour-coded courses Light Green to Blue will be via Fabian4 <https://www.fabian4.co.uk/>. For these courses, hire of an SI-card is in addition and you can choose to hire either a standard SI card (dibber), or a SIAC dibber, which allows contactless punching. Last entries are Sunday 6<sup>th</sup> November 2022.

**We will also accept entries on the day for all courses (subject to map availability).**

#### Prices:

Park-O courses and White, Yellow, Orange:	Light Green, Short Green, Green and Blue:
Children/ Students £3 (includes dibber hire)	Children/ Students £3 (excludes dibber hire)
Adults £5 (includes dibber hire)	Adults BOF member £8 (excludes dibber hire)
	Adults non-BOF member £10 (excludes dibber hire)
Groups £5 (includes dibber hire)	Groups £10 (excludes dibber hire)
Extra runs (when available) £1	SI dibber hire: £1 SIAC dibber hire: £3

Loss of a hired SI card will incur a charge of £30, a lost SIAC will incur a replacement fee of £65.

Course	Start times	No. of controls	Length (km)
<b>White/Park-O Short</b>	12.30 to 3	11	1.0
<b>Yellow/Park-O Medium</b>	12.30 to 3	10	1.5
<b>Orange/Park-O Long</b>	12.30 to 3	14	3.1
<b>Light Green</b>	12.30 to 2.30	12	3.8
<b>Short Green</b>	12.30 to 2.30	20	4.0
<b>Green (over 16s only)</b>	12.30 to 2.30	20	5.0
<b>Blue (over 16s only)</b>	12.30 to 2.30	24	7.5

All distances are straight line distances so runners are likely to run slightly further.

### Map and Terrain:

Priory Park is predominantly parkland. Courses White, Yellow Orange, Light Green, Short Green are kept within the park with the map on A4 at 1:4000 scale. **Green and Blue have an A3 map** at 1:4000 scale. Maps are printed on waterproof paper with the map including text control descriptions for White and Yellow and pictorial control descriptions for the remaining courses. Loose control descriptions will in the start lanes.

### Controls:

SI punching is being used, SIAC enabled so that both SIAC and SI can be used. Start and finish must be punched by both SI and SIAC.

### Clothing and footwear:

You may encounter some undergrowth and nettles in the park so full leg cover is recommended. The urban terrain included within the senior courses is mostly of tarmac and paving, with some grass, and Priory Park is mostly grass. Trainers (or rubber studded shoes if you prefer, or if it is very wet) are recommended. There is no clothing dump at the start.

### Safety:

- Please do not go into any area marked as Out of Bounds, indicated on the map by either solid olive colour, or vertical purple stripes or cross hatching
- There may be football matches, cyclists and pedestrians in the park. Please be aware and do not obstruct.
- All football pitches are OOB when in use.
- There are some compulsory railway crossings on Green and Blue.
- Blue and Green courses have been planned to avoid busy roads but **please take care when crossing any road or car park**. The urban part of the map does have a river running through it and some lakes and streams.
- For Blue and Green courses on the urban part of the map, hedges, walls and uncrossable fences **MUST NOT** be crossed.
- Please ensure that you run within your capabilities and do not jeopardise future use of the area through reckless or inconsiderate running which causes annoyance or injury to others. Please give way to all non-orienteers at all times.
- You take part in this event at your own risk and are responsible for your own safety. Full leg cover is advisable.

### First aid:

A first aid kit will be at Assembly. The nearest hospital for accident and emergency is Hinchingbrooke Hospital, Hinchingbrooke Park, Huntingdon, Cambridgeshire, PE29 6NT.



**Photography:**

A photographer may be taking photographs for publicising future orienteering events. If you would prefer not to be in any image, please tell the enquiries team.

**Enquiries/Contact:**

Please email [entries@waoc.org.uk](mailto:entries@waoc.org.uk) for any enquiries.

**Officials:**

- Organiser - Helen Hague, WAOC
- Assistant Organiser – Kez Latham, WAOC
- Planner – Richard Powell, WAOC
- Controller -Mike Capper WAOC
- On the day Controller -Bob Hill RAFO/WAOC

**Acknowledgements:**

We would like to thank the following for their contributions to the event.

- Longsands Academy for the sports hall and parking.
- Huntingdonshire County Council for permission to use the park and urban areas.
- Everyone who has volunteered to help at the event.
- **Safety and Risk:** A comprehensive risk assessment will have been carried out by the organiser, but participants take part at their own risk and are responsible for their own safety during the event.
- **Insurance:** Please note that if you have participated in three orienteering events/activities and not joined an orienteering club that is a member of British Orienteering then you are not covered by our public liability insurance.
- **Privacy:** You agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not limited to) name, any club affiliation, race times and age group. [Read our data protection page](#) for further information about how we look after your personal information.