

WEST ANGLIAN ORIENTEERING CLUB

AUTUMN IN ANGLIA DAY 2

EAUL, WAGAL AND URBAN REGIONAL (LEVEL C)

NEWMARKET, SUNDAY 8TH OCTOBER 2023

We welcome you to Day two of our two-day event Autumn in Anglia 2023 - held jointly with our friends at SUFFOC. For those of you in the EAOA region, this event also forms part of the EA Urban League and for WAOC members this is part of the club league competition WAGAL. Regrettably due to the nature of the area it is not possible to create a suitable course for M/W 12-. Juniors over 12 and under 16 may only enter the M/W16- course.

Location Info:

Assembly and parking at: Newmarket Leisure Centre, Exning Road, Newmarket

Postcode for Sat nav: CB8 0EA

What3words: /// stapled.stitch.steam

Directions/ Parking:

Assembly is at Newmarket Leisure Centre, Exning Road, Newmarket, Postcode: CB8 0EA. Parking will be in the Leisure centre car park.

- If travelling Eastbound on A14, leave at Junction 37 and turn left in direction of Fordham/Exning. Take next left signposted Exning, down Windmill Hill, and turn left at junction by The White Horse pub, then travel along B1103 to Newmarket for about 1.5 miles and the leisure centre will be on your right just before Aldi.

- If travelling Westbound on A14, leave at Junction 37 and turn left in direction of Newmarket A142. After about 2 miles take next right at traffic lights just before Premier Inn into Fred Archer Way B1103 Continue onto Mill Hill/B1103 for about 0.5 mile and the leisure centre will be on your left just after Aldi.

By bus: Sunday service may operate. The leisure centre is a 15 minute walk from the bus station.

By train or train and bike: Travel to Newmarket Station, which is a 25 minute walk from the leisure centre.

Facilities: Assembly, toilets and café at the leisure centre adjacent to the car park. Assembly will be open from 10am and will include dibber hire and collection, and download. There will not be race bibs. Anybody who has hired a dibber through racesignup will need to collect their dibber on the day, before going to the start. There will not be a clothing dump, nor any water at the finish.

Courses close at 2.30pm. Please report to Download even if you do not finish your course.

Entries:

On-line advance entry using racesignup.co.uk is now open, and will remain open until 5th October 2023. There is a discount of £2 off adult entry and £1 per junior/student for entering both Autumn in Anglia events in advance.

In addition, entry on the day will be available for all courses between 10 am and 12 noon, subject to availability of maps.

Helper discounts are available for WAOC and SUFFOC club members, set at 50% of the entry fee. Please contact entries@waoc.org.uk for the helper code before entering. You can help on either or both days- we are aiming to have mixed teams of helpers from both clubs across the two days.

Fees:

Pre-entry until 5th October 2023: Seniors (BOF members) £9 (non-BOF) £11
Juniors/Students in FTE £3

Entry on the day: Seniors (BOF members) £11 (non-BOF) £13
Juniors/Students in FTE £4

S.I. card hire £1 Siac card hire £3

We will be using **SPORTident** electronic punching. S.I. cards/dibbers can be hired as part of the racesignup entry.

Starts from: 10.30am until 12.30. All start times are open and it is a punching start.
Courses close at 2.30pm.

Courses:

Lengths given are "as the crow flies", and so shortest feasible routes on urban courses may be somewhat longer due to the need to navigate round buildings and other impassable features.

Course	Length (km)	Controls	Male classes	Female classes
1	9.2	34	M Open	-
2	7.1	33	Mens Veteran MV (40+)	Womens Open
3	5.8	26	M Supervet MSV (55+)	Womens Veteran WV (40+)
4	4.0	20	M Ultravet MUV (65+)	W Supervet WSV (55+)
5	3.5	15	M Hypervet (M75+)	W Ultravet WUV (65+); W Hypervet (W75+)
6	4.2	18	M Junior MJ 16-	W Junior WJ 16-

To be competitive in the EAUL, you must run the designated course for your age class.

SI card capacity on courses 1 and 2

Courses 1 and 2 have over 30 controls. This will be a problem for those with series 8 dibbers, which have insufficient capacity to record that many punches. Series 5 dibbers are alright as they can save 36 timed punches in total although if you use a dibber of this type you won't get splits for controls 31 onwards, and there is limited capacity for unintended additional punches - you should make sure you check your control number before punching so as to avoid running out of capacity.

If you are hiring a dibber for these courses, we will provide you with a suitable dibber. If you don't usually hire but are affected by this, then please contact the organiser who will provide a free replacement dibber for the event.

Map and Terrain: Map scale 1:4,000 and printed on waterproof paper. Map size is A3 single-sided. Loose control descriptions will be provided in the start grid.

Most of competition area is residential with low speeds and very limited traffic on Sunday mornings. Courses 1 and 2 will navigate to Newmarket Town centre. Heavier traffic will be encountered on these two courses with one reasonably busy B road to cross without a timed out crossing and a timed out crossing of 2 minutes at a busier section.

