



WEST ANGLIAN ORIENTEERING CLUB

THE ICENIAN DAY2 - COLOUR-CODED LEVEL C

THETFORD WARREN, SUNDAY 5TH FEBRUARY 2017

FINAL DETAILS

Directions: The event centre and car park lies off the B1107 on the east side of the road between Thetford and Brandon, about 3km north of the junction with A11 at grid reference [TL834854](#). The event will be signposted from the roundabout at this junction.

- If approaching from the south or east, follow the A11 to the roundabout for the B1107 and exit along the Brandon Road. Drive past the golf club. Approximately 3km after the junction, turn right onto Forest Road 16.
- Approaching from Brandon, take the Thetford Road east out of town towards Thetford. After approximately 5km turn left into Forest Road 16.
- For the curious there is a station at Brandon; approximately a 6km walk to the assembly area.

Parking: Parking will be along Forest Road 16. Please follow the instructions of the parking marshalls on the day to park safely and minimize queuing on the B1107.

Facilities: Portable Toilets by car park. Registration and Download tents are located in the car park area. First Aid will be available from Download. Note there is a roughly 1.1km walk from the car park area to the Start. An unsupervised clothing dump will be set up close to the Start. Competitors will pass this point when returning from the Finish to the car park.

Times: Registration and enquiries between 10 am to 12 noon.
Starts between 10.30 to 12.30. Courses close at 14.30.
Registration for entry on the day is subject to map availability

Pre-entries will be allocated a start block time to match with stated start time preferences. Start blocks will be on the Fabian 4 site closer to the event. See <http://www.fabian4.co.uk/start/list.aspx?EventID=1644>.

Please note that there is a walk of approximately 1.1 km from the parking area to the Start. An unmanned clothing dump will be provided about 300m from the Start. The return walk from the Finish back to the parking area passes the clothing dump. Items left at the clothing dump are at the owner's risk.

IMPORTANT: Please report to the Download tent by 14.30 even if you do not finish your course.

We will be using **SPORT IDENT** electronic punching. S.I. cards/dibbers can be hired from registration. Please be aware that we will need to charge £30 for any lost dibber.

Entry on the day rates:

Seniors (BO Members)	£11
Seniors (non-BO)	£13
Juniors and Students	£4

SI Card Hire	£1
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Map and Terrain: Thetford Warren is mainly coniferous forest split into blocks at various stages of maturity, the majority of which are fast runnable. Map is 1:10,000, 5m contours, A4 size printed on waterproof paper. Control descriptions are printed on maps and available separately.

Courses:

	Length	Controls
White	1.7 km	10
Yellow	2.1 km	8
Orange	3.2 km	11
Light Green	3.6 km	13
Very Short Green	3.0 km	11
Short Green	3.7 km	13
Green	4.7 km	14
Blue	6.6 km	19
Brown	10.1 km	28

Safety: The area is used by walkers, dog walkers, horses and cyclists. Please be courteous to other users. Please take care for the usual hazards such as tripping and eye-level branches.

Do not enter out of bounds areas and be aware there is a firing range beyond the southern boundary of the event area; this is clearly marked as out of bounds both on the maps and on location. Certain paths are reserved for cyclists; these are marked as forbidden routes on the map. Do not follow these paths and look out for cyclists when crossing them.

Dogs are permitted as long as kept under close control. A First aid box will be located in the download tent.

Competitors take part at their own risk and are responsible for their own safety.

Nearest A & E: West Suffolk Hospital, Hardwick Lane, Bury St. Edmunds, Suffolk IP33 2Q. Telephone 01284 713000. It is approximately 30 minutes drive from car park to hospital. In the unlikely event you need A & E, please let an official know before you leave the event.

Results: The results from this event will be published online as soon as possible, see www.waoc.org.uk.

Event Officials

PLANNER:	Brian Cowe (WAOC)
CONTROLLER:	Phil Halford (SUFFOC)
ORGANISER:	Rakesh Chandraker (WAOC)
	Tel: 07894 672439

Next WAOC event: Saturday 22nd April Royston Town Urban - a SEOUL event. See cityraces.waoc.org.uk for more information.

Data protection act: Entry information (name, age, class and club) and the results of this event will be stored and processed by computer systems under the terms of British Orienteering's registration under the Data Protection Act.