



WEST ANGLIAN ORIENTEERING CLUB

NIGHT EVENT

ROWNEY WARREN, SUNDAY 3rd FEBRUARY 2024

FINAL DETAILS

Directions: Post code for SatNav: **SG17 5QQ, w3w ///coffee.arriving.scrambles** (different to usual!). Access to Assembly will be from **Chicksands Bike Park** car park on the minor Northwood End road leading off the A600 Shefford to Bedford road. The event will be signed from the junction of the minor road with the A600 which is about 2.5 km north of the A600/A507 junction. Our grateful thanks go to them for their kindness in allowing us to use their land for Assembly and Parking. Please respect the area and ensure you follow directions from marshals.

Facilities: Toilets will not be provided.

Nearest loos Baldock services if coming from Royston way, or BP garage on a 421 Interchange, A6 Elstow, Bedford MK42 9BF, or Tesco's Cardington Rd, Bedford MK42 0BG

Enquiries and registration: 5pm to 6pm.

Pre-entry until 28th January 2024 via Fabian4 <http://www.fabian4.co.uk/> then entry on day.

If you are new to orienteering or require assistance, then please enquire at registration. If you are bringing a school party, or other group such as guides, scouts or ATC cadets, please inform the organiser in advance using the [Group Entry Form](#). Please provide this information by 26 January. **Note all under 16s will need to be accompanied by an adult.**

Starts from: 5:45pm until 6:45pm. Punching start. **SIAC will not be enabled all controls must be punched.**

We will be using **SPORTident** electronic punching. S.I. cards/dibbers can be hired from registration.

The start and finish for all courses involve crossing the minor road from the car park. The start less than 5 minute walk along a taped route The finish is less than 1 minute walk back to crossing point at car park entrance. Please take care when crossing, traffic can be fast moving. There is no clothing dump. Hot drinks will be provided at finish.

Please clean shoes before the event to avoid spread of plant-based diseases.

Courses close at 8.00pm- you must report to Download by this time.

IMPORTANT: Please report to Download even if you do not finish your course.

Prices:

Note: As this is a night event Juniors under 16 must be accompanied by an adult.

	Early discount up to 21/1/24	Entry after 21/1/24
Adults, BO members	£8	£10
Adults, non-members	£10	£12
Juniors (under 21) / Students	£3	£3
SI card (dibber) hire	£1	£1

Discount of £2 for competitors entering both events this weekend

Early entry closes 21th January, last date for on line entry is 28Jan24

Volunteers please contact organiser mscaife@mac.com for discount code

Loss of a hired S.I. card will incur a charge of £30.

Courses:

Course	Length	Climb	Controls	Map scale
Yellow	1.7 km	tbdm	tbd	1:7500
Light Green	3.0 km	tbdm	tbd	1:7500
Short Blue	4.2 km	tbdm	tbd	1:7500

[subject to final controlling]

Individual start times will not be pre-allocated.

Maps: Maps will be A4, printed on waterproof paper, with control descriptions on the front of the map. Loose control descriptions will also be available in the start lane. Map scale is 1:7500. 5m contours.

Hides/dens are not mapped (not even some quite significant ones in the SE of the area). Undergrowth symbols represent bramble rather than bracken. A green cross is a distinctive root stock. There are numerous mountain bike tracks throughout the area. Only the most obvious such tracks, as at January 2020, have been mapped. Do not be surprised to find other, less obvious, unmapped tracks throughout the area. Some tracks may also have become more obvious, and new tracks created, since the map was updated.

Terrain: Rowney Warren is well-contoured area with a number of significant spurs and valleys (re-entrants). Extensive path network; also numerous mountain bike tracks. Mainly mature pine forest, with some smaller areas of deciduous woodland and some newer planting. Extensive covering of dead bracken (not a significant hinderance to running or navigation, and hence not mapped). Some limited areas of bramble – mapped where significant. Mainly fast running (but steep in places!).

Safety:

As this is a night event the special safety provisions apply:

- **A whistle is mandatory and will be checked at the start.**
- **Controls will be in non SAIC mode so must be punched**
- **Juniors under 16 must be accompanied by an adult**
- **Safety bearing is to head North to road then follow this back to car park**

- **OUT OF BOUNDS AREAS:** Please do not go into any area marked as Out of Bounds, indicated on the map by either solid olive colour, or purple cross hatching. In particular there is a fenced-off area; **this is out of bounds to all competitors at all times.** All public roads are also OOB: competitors are forbidden from running along or across any public road. These are marked as forbidden routes (purple crosses) on the map.
- **BEWARE OF MOUNTAIN BIKES!** Take care when crossing or running along any mountain bike track. Be especially careful when crossing or running along any track that runs up or down a steep slope – where possible we recommend that you do NOT run up or down tracks that have clearly been created by mountain bikes rather than walkers.
- It is unlikely there will walkers and horse riders in the forest as well as mountain bikers. Please be courteous to any you meet.
- Full leg cover is compulsory.

assembly if this is so.

- Take care for the usual hazards in the forest such as tripping, eye-level branches and brambles.
- Dogs are welcome but must be kept under close control at all times, and must be on leads in the car park area and when crossing roads.
- Competitors take part at their own risk and are responsible for their own safety.

Results: The results from this event will be published online as soon as possible, see www.waoc.org.uk.

First aid: Travel directions to hospital are available at registration/download. A First aid box will be located in the download tent.

Nearest Hospitals: Bedford Hospital, Bedford, MK40 2AW Tel: 01234 355122
Addenbrookes, Cambridge CB2 0QQ Tel: 01223 217118

We would like to thank Chicksands Bikepark for use of the car park, Forestry England for giving permission to use the area, and to all helpers from WAOC without whom the event could not run.

Enquiries/Contact: Please email entries@waoc.org.uk for any enquiries.

Officials:

Organiser -	Mark Scaife WAOC
Planner -	Bob Hill WAOC
Controller -	Dorien James SMOC

NEXT WAOC events:

Sunday 4th Feb 2024 Rowney Warren (Regional)
Sunday 18th Feb 2024 CompasSport Cup & Trophy Qualifier (EOEA event)
Sunday 21 Apr Ickworth Park (SUFFOC event)

- **Safety and Risk:** A comprehensive risk assessment has been carried out by the organiser, but participants take part at their own risk and are responsible for their own safety during the event.
- **Insurance:** Please note that if you have participated in three orienteering events/activities and not joined an orienteering club that is a member of British Orienteering then you are not covered by our public liability insurance.
- **Privacy:** You agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not limited to) name, any club affiliation, race times and age group. [Read our data protection page](#) for further information about how we look after your personal information.